



## *Spirit of Kindness Award*

Please read the Awards Guidelines - Nomination & Selection Procedures Form on <https://cara-acaar.ca/GetInvolved/Awards> , before submitting this nomination letter to [sarahlampsoncara@gmail.com](mailto:sarahlampsoncara@gmail.com).

(date)

Dear CARA Awards Committee,

I am (honoured/pleased/delighted) to nominate (nominee name) for the **Spirit of Kindness Award**.

I have worked with (nominee name) as a (peer/colleague/fellow committee member/mentee/fellow student) for (number of year or months) and (nominee name) makes the world a better place by ...

- Generosity (of time, encouragement, resources, leadership, mentorship, collaboration etc.)
- Kindness/Compassion/Caring (provide tangible example of ways nominee improved your professional life, the research administration community or your workplace)
- Inclusivity (you could provide an example of how the nominee contributes to a welcoming community)

(nominee name) personifies compassionate/kind behavior and I thank you for your consideration of this nomination.

Sincerely,

(nominator name)