

Sarah was appointed CARA ED in 2013 after more than a decade as a research administrator. With the support of the CARA board and many other great volunteers, Sarah has brought many new programs and initiatives to CARA and looks forward to another year of increased services to our members. Sarah previously worked in various progressive roles at McMaster University, Associated Medical Services, University Health Network and Hamilton Health Sciences. Sarahco-authored the reference e-book *The A-Z Guide to Research Contract Review* and *Steer Your Career: A Research Administrator's Manual for Mapping Success* which are in use at 450 institutions globally. Sarah received national and international recognition for her contributions to research administration.